



PRODUCT CATALOGUE





## ABOUT US

Psycho Muscles are one of the ubiquitous sports Supplement company located in New Delhi, India. We established our self 1 year back in marketing but our channel manufacturer partners have above 10 years of experience. Since then we have not turned back and are making heightened progress. Our magnanimous Health & Nutrition is available round the clock for bodybuilding freaks. Today, we have stretched our roots to many states of India and getting No 1 feedbacks in bodybuilding industry. Our fitness industry is popularly known for products that have gained immense recognition among common people in past few years. Currently, countless messages are posted by the satisfied customers and the curious ones seeking advice on web on a regular basis.

We, Psycho Muscles currently dealing with Mass Gainer, Whey Protein, BCAA's, Preworkout, Creatine, Fat Burner, Glutamine, Energy Booster, Gaining Pills, etc.





## MASS GAINER

A mass gainer is a dietary supplement that contains protein, carbs, and perhaps fat to assist in the growth and development of muscle mass.

In simple words, it is a protein powder that will help you meet your calorie intake. Hence, it will nourish you with essential dietary fibres and nutrients. As an outcome, healthy weight gain is promoted. Mass gainers can also be consumed by those who suffer from protein or other nutrient deficiencies. But, it is imperative to take the advice of your dietician or gym instructor.

A mass gainer qualifies to be a meal as it provides all the necessary nutrients. Its primary has the following composition –

- CARBOHYDRATES
- PROTEINS
- FATS

A mass gainer helps you achieve your daily calorie and macronutrient consumption goals. So, you do not have to eat more than you are used to eating.



## LEAN STACK MASS GAINER

➤ Psycho Lean Stack gives you perfect muscles with body weight

1 KG



➤ It can be a good choice for athletes and other sportspeople

➤ Mass gainers assist in muscle gain. It is so because they furnish you with a good dose of protein

➤ Therefore, all this stimulates the growth and repair of body tissues



3 KG

Nutrition	In per 150g
Protein	27
Calories	561
Carbs	107.11
Sugar	0.90
Fat	3.25



5.1 KG



## ANABOLIC MASS GAINER

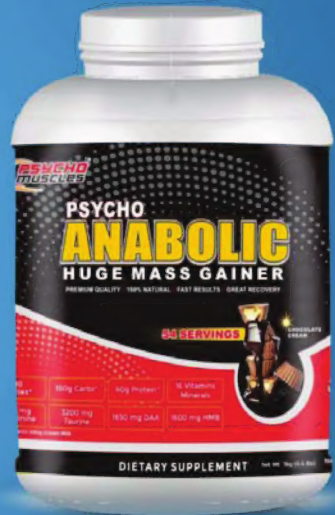
➤ Psycho Anabolic Huge Mass gainer gives you nature gaining effect on your body, it gains naturally without any side effects.

**0.9 KG**



➤ Bodybuilders and weightlifters must consume a **high number of calories**. Mass gainers help them to consume those extra calories.

**2.7 KG**



➤ This mass gainer helps you achieve your daily calorie and macronutrient consumption goals. So, you do not have to eat more than you are used to eating.

Nutrition	In per 200g
Protein	60
Calories	1900
Carbs	350
Sugar	1.20
Fat	22



**4.5 KG**



## MASS SPEED GAINER

➤ Psycho Mass Speed gainer powder for preparing a nutritional protein and carbohydrate drink enriched with creatine

**0.9 KG**



➤ Designed for adults performing high intensity exercise. Protein contributes to a growth in muscle mass.

**2.7 KG**



➤ This gainer have very fast weight gaining capacity without any side effects.

Nutrition	In per 200g
Protein	60
Calories	1600
Carbs	160
Sugar	8
Fat	40



**4.5 KG**





# HULK

Psycho Hulk Mass Gainer is an extreme mass gainer specifically formulated for building massive muscles. Specially for skinny person, each serving packs more protein, higher-quality calories, and the absolute best mass building ingredients to help you pack on the muscle and look absolutely pumped





# HULK MASS GAINER

➤ Psycho Hulk Mass Gainer is an extreme mass gainer specifically formulated for building massive muscle. Each serving packs more protein, higher-quality calories, and the absolute best mass building ingredients to help you pack on the muscle and look absolutely pumped

**0.9 KG**



➤ If your fast metabolism is burning up everything you eat before you can build an ounce of muscle, start building the size you want today with Hulk Mass Gainer

**2.7 KG**



➤ **ABSOLUTELYNO NASTY FILTERS**

Unlike other mass gainers, Hulk Mass Gainer contains ABSOLUTELY ZERO creamers, corn syrup solids, and other fattening fillers. Now you can get your muscles, and not your belly, absolutely huge with Hulk Mass Gainer

Nutrition	In per 200g
Protein	50
Calories	1596
Carbs	110
Sugar	8
Fat	2.4



**4.5 KG**



## RESEARCH MASS GAINER

➤ Psycho Research Mass Gainers helps bodybuilders gain muscle mass. They provide a great blend of fats, carbs, & protein. A regular mass gainer is a bliss for all those fitness enthusiasts who want to gain weight in a healthy way and bulk up. Psycho Research Mass Gainer has a range of Mass Gainer & Weight Gainer in a variety of flavours and special ingredients like Digezyme, a blend of digestive enzymes, to give better results with maximum absorption.

Per serving (100g) of Research Mass Gainer provides your body with a whopping amount of 748 calories. Each serving of Regular Mass Gainer gives you 12g of protein, 5g of dietary fibers, 5.4g of fat and 125g carb. It provides you with 130g of l- glutamine.

Nutrition	In per 100g
Protein	12
Calories	748
Carbs	125
Fibers	5
Fat	5.4



**3 KG**



**5 KG**





Psycho Muscles Carb Blend is a superior mix of carbs, such as dextrose, fructose (fruit sugar) and Maltodextrin, a starch derivative in a refreshing powder form. Psycho Muscles Carb Blend absorbs quickly and provides immediate as well as sustained energy during intense physical activities. The energy burst provided by Psycho Muscles Carb Blend makes it a perfect recovery drink for athletes and runners and helps them to avoid hitting the wall, a condition attained by complete depletion of glycogen (longer chain version of glucose, stored in the muscle cells and the liver).

Nutrition	In per 100g
Energy	299
Carbohydrate	140
Sugar	8



**1 KG**



**2 KG**





## WHEY PROTEIN

Bodybuilders and weight trainers commonly use whey protein, to supplement their regular diets for the following two reasons. It promotes lean muscle mass growth. It helps with muscle protein synthesis. Unlike most other protein types, whey protein consists of a variety of essential amino acids which is absorbed by our body quickly. It is also low in lactose content and possesses numerous other health benefits. The powder could just be the supplement you need to meet your fitness goals.

### **10 Science-Backed Reasons to Eat More Protein**

Reduces Appetite and Hunger Levels.

Increases Muscle Mass and Strength.

Good for Your Bones.

Reduces Cravings and Desire for Late-Night Snacking.

Boosts Metabolism and Increases Fat Burning.

Lowers Your Blood Pressure.

Helps Maintain Weight Loss.

Does Not Harm Healthy Kidneys.



## WHEY KING

➤ **PSYCHO MUSCLES WHEY KING** present Gold Whey, the most premium protein for fitness enthusiasts and bodybuilding champions, who would settle for nothing, but the best. Whey Protein Concentrate, the purest form of Whey is the only source of protein in **PSYCHO MUSCLES WHEY KING**. Without a doubt, **PSYCHO MUSCLES WHEY KING** sets a higher benchmark of quality for other whey proteins.

➤ **BCAAs AND EAAs WITH NO AMINO SPIKING** 5.51g BCAAs and 11.75g EAAs is a serving of **PSYCHO MUSCLES WHEY KING** support anabolism and lean muscle gain. The complete range of amino acids in **PSYCHO MUSCLES WHEY KING** speedup muscle recovery and improves fatigue threshold and endurance in the fitness champions.



**1 KG**



**2 KG**

Nutrition	In per 30g
Protein	25
Calories	109
Carbs	1.65
Sugar	0
Fat	0.46





## WHEY ISOLATE

➤ Psycho isolate whey protein can be beneficial in many ways, including building muscles. Protein is essential for building strong muscles. Whey protein, in particular, contains types of amino acids that are great for muscles.

Nutrition	In per 30g
Protein	30
Calories	109
Carbs	1.65
Sugar	1
Fat	0.46



**2 KG**





➤ **PSYCHO MUSCLES WHEY** Whey combines decades expertise in protein and weight-loss formulas into one ultimate **MUSCLE-BUILDING** and **FAT-BURNING** Protein Powder. Premium whey protein ensures all your efforts result in quality muscle gains while losing fats at the same time.

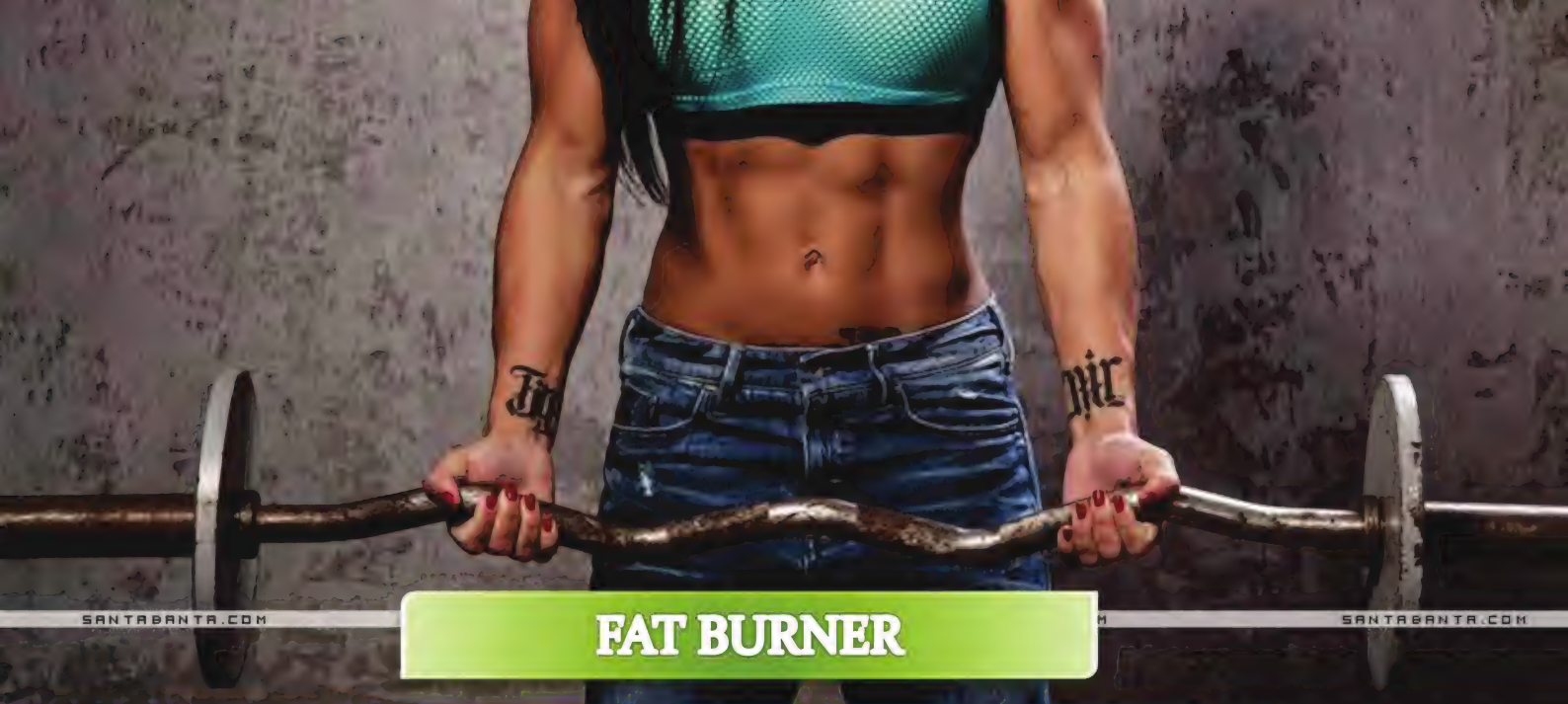
➤ **Shred Whey Fat-Burning Matrix** has **CLA** which helps lower body fat percentage and reduces **BLOATING** which is very effective on a lean diet. Added with **Green Coffee Bean Extract** which provides appetite control, and **L-Carnitine** which converts fats into energy. Which are all the essentials you need to **GET LEAN**?

Nutrition	In per 30g
Protein	24
Calories	114
Carbs	1.8
Sugar	0.35
Fat	1.36



**2 KG**





## FAT BURNER

- **PSYCHO MUSCLES Xtreme Burn Advance Fat Burner** for male & female
- Here is the perfect solution if you want to get rid of Belly fat and Eliminate Bloating
- Thermogenic & Ketogenic Fat Cutter
- Reduce Appetite, Improves Metabolism
- Block the Absorption of Carbohydrates
- Increase Workout Stamina, Focus & Alertness
- Increase Energy
- Convert Extra Fat into Energy
- No Side Effect



**60 Cap.**





## MASS SPEED PILLS

This is one of the finest product available till date to Gain Muscular Mass & Size. Mass Speed Capsule is a health supplement & flagship product of Psycho Muscles. This is a best natural, herbal formulation with no side effects. The food supplement has time tested herbal extracts with high potency, useful in strengthening muscles and gaining muscles.

Key feature of Mass Speed Capsule:

- Increase muscular size & strength.
- Increase blood flow in muscles so speed up recovery.
- Boosts natural testosterone
- Improves liver function by increasing bile juice secretion
- Increase digestion & metabolism.
- Increase appetite, consumption and absorption of the nutrients required for the body.



**60 Cap.**



IF YOU WANT IT BAD ENOUGH, **YOU WILL FIND A WAY.**

IF YOU DON'T WANT IT BAD ENOUGH,  
**YOU WILL FIND AN EXCUSE.**

## PSYCHOCELL PREWORKOUT

The benefits of pre-workout supplements have caught on almost as much as protein supplements. As serious athletes become more aware of all that is available to enhance their training efforts, they have sought out the benefits of pre-workout supplements.

### Approx Composition

Conterida Eacrgiticok (kcal) 98.52  
Beta-alanina 5 g  
L-Citrulline Malate 5 g  
Caffeine (mg) 250 mg  
L-Taurine 500 g  
L-Tyrosine 500 g  
60 Servings



**300 g**

Psychocell is a Pre Workout drink made to boost your energy, strength, and endurance in the gym. It is one of the strongest pre workouts in the game with a crazy blend of stimulants to make anyone go nuts in the gym!





## POWER BCAA 5000

### Psycho Muscles BCAAs (Branched-Chain Amino Acids)

- Increase Muscle Growth
- Decrease Muscle Soreness
- Some research suggests BCAAs can help decrease muscle soreness after a workout
- Reduce Exercise Fatigue
- Prevent Muscle Wasting
- Benefit People With Liver Disease

### Compositon

L-Leucine, L-Isoleucine,  
L-Valine, Beta Alanine,  
Electrolyte Blend (Sodium  
Chloride 150 mg, Sodium Citrate  
50 mg, Potassium  
Citrate 50 mg), Vitamin C,  
Sodium Bicarbonate, Citric Acid  
(330), Silicon Dioxide  
60 Servings



300 g





## CREATINE 5000

Professional and amateur athletes at all levels have been known to take creatine supplements to aid their workout routines and improve workout recovery. Creatine creates “quick burst” energy and increased strength, which improves performance but has little effect on aerobic endurance. Most people who use creatine supplements are male athletes and are mostly involved in power sports, such as football, wrestling, hockey and bodybuilding.

### Composition

3g Pure Creatine per serving

Flavored Creatine

100 Massive Servings



300 g





1 KG





## CERTIFICATES

➤ Psycho Muscles's product manufacturer has implemented the following food quality and safety procedures:

S. No.	Name	Description
1	HALAL	Halal certification is a process which ensures the features and quality of the products according to the rules established by the Islamic Council that allow the use of the mark Halal. It is mainly applied to meat products and other food products such as milk, canned food and additives.
2	WHO-GMP	WHO- Good manufacturing practices (GMP) are the practices required in order to conform to the guidelines recommended by agencies that control the authorization and licensing of the manufacture and sale of food and beverages, cosmetics, pharmaceutical products, dietary supplements, and medical devices.
3	USFDA	The United States Food and Drug Administration (FDA or USFDA) is a federal agency of the Department of Health and Human Services. The FDA is responsible for protecting and promoting public health through the control and supervision of food safety, tobacco products, dietary supplements, prescription and over-the-counter pharmaceutical drugs (medications), vaccines, biopharmaceuticals, blood transfusions, medical devices, electromagnetic radiation emitting devices (ERED), cosmetics, animal foods & feed and veterinary products.
4	HACCP	Hazard analysis and critical control points, or HACCP is a systematic preventive approach to food safety from biological, chemical, physical hazards and more recently radiological hazards in production processes that can cause the finished product to be unsafe and designs measures to reduce these risks to a safe level.
5	ISO-22000	ISO 22000 sets out the requirements for a food safety management system and can be certified to it. It maps out what an organization needs to do to demonstrate its ability to control food safety hazards in order to ensure that food is safe.



## CERTIFICATE LOGO

About 80% of the supplements sold in India are either fakes if you are always wondering if your supplement is authentic or not when buying it, you are not alone, we have all been in the same position. We are sharing information below on how we are complying food safety rules and product so that you always make the right choice.





## WHY US

### Optimum supplementation

Psycho Muscles products only from the best and proven raw materials, and their ingredients are perfectly balanced for athletes. With Psycho Muscles Nutrition you can consciously combine healthy diet with professional supplementation.



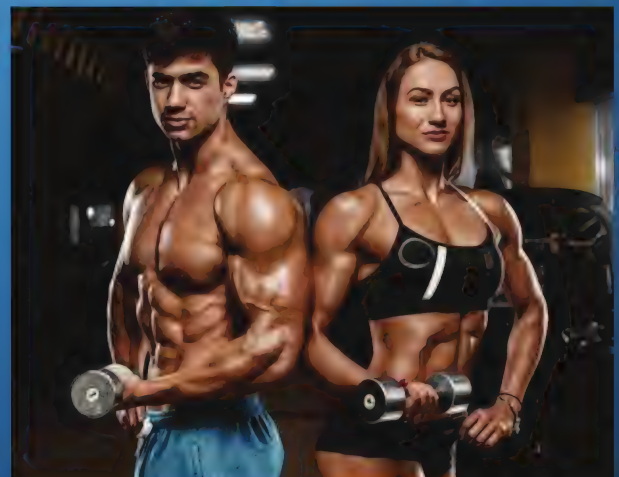
### Reasonable diet

Psycho Muscles! supplements form an important element of properly balanced diet of every athlete. They are dedicated to all those who work their way to their dream figure. Thanks to their exceptional taste, you can add them to your favorite meals.



### Effective training

Psycho Muscles! brand offers supplements that are perfect for professionals and those who want to be FIT. Optimized training, adapted to your needs, condition and possibilities, will ensure better results and well-being, even more so with the support of the Psycho Muscles Supplements





## WHY US

### Reliable company

Psycho Muscles company is expert in healthy nutrition and promoter of healthy lifestyle for many years. We have created our supplements on the basis of long-term experience and knowledge about functional foodstuffs and influence of diet on people's health, in cooperation with experts, dieticians and athletes.



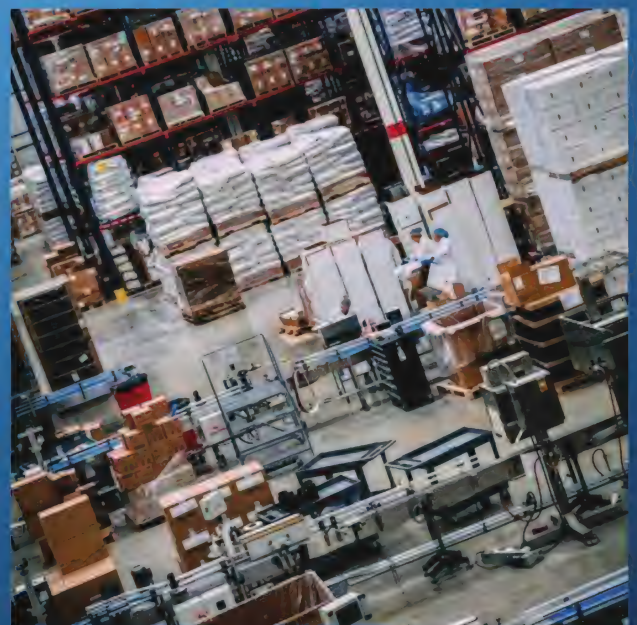
### Secure ingredients

The list of ingredients in the Psycho Muscles supplements is short and clear, without unnecessary additives. It has been compiled by experts, and thus perfectly meets the expectations of even most demanding athletes. The nutrient content stated on the label meets their actual quantity in the product in 100%.



### Top-quality raw material

Psycho Muscles supplements are made of selected raw materials originating from reliable and qualified suppliers. During the production process, we follow international safety standards, compliant with rigorous quality and certification standards. Every production stage is subject to control: from the raw materials, through product development, to Packaging.





## WHY US

### We Focus On You

Our focus is to ensure brands receive make their vision a reality by using our extensive knowledge of the industry. Moving through development, to looking at new trending technologies and techniques to provide the very best, we are here to work with you from initial brief through to finished product.

Focusing on modern innovation, brands turn to us to avoid becoming just another player in a booming market. We know the trending ingredients and pair them with the latest sustainable packaging options; allowing your brand to leave its mark, within the industry.







## DELIVERY SERVICE

We provide delivery service all over India. We always try our best to satisfy the requirements of our customers and that is why we always try to empowering ourselves with the latest technology and strategic management so that we can fulfill the requirements of our clients in the best manner. Apart from this, we offer our services at competitive prices coupled with expert hands.





## DEALERSHIP

All over India many dealers are on board with us !





**Enjoy Psycho Muscles**

**Many years of experience in the production of  
healthy and functional foodstuffs.**



**Marketed by**



**New Delhi, India**

**[www.psychomuscles.in](http://www.psychomuscles.in)**

**825 Homer Street, Vancouver, British Columbia,  
Postal Code V6B, Canada, Latitude 49.279022**

**(\*Design & formulation Source from Canada)**

